

The Path of Peace

“Let there arise from you a nation (band) who invites to all that is good. And enjoin right conduct and forbid indecency. Such are they who are successful.” Qur’an 3:104

Here are a few misconceptions about addicted people that we want to clear up:

1. Addicted people are bad and should be punished.

Addicted people are not bad people. They are sick people. Our disease is rooted in the whispers of an insidious and baffling force that takes hold of our lives no matter who we are. It wants to enslave our bodies, minds, and souls.

2. Addiction only happens to certain kinds of people.

Addiction can happen to anyone. This disease does not discriminate. No matter your age, income, ethnicity, religion, family or occupation. Anyone can become addicted, and no one is exempt from making a poor decision or from having tried to medicate their feelings because they have

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reached a low point in their life.

3. If someone relapses, they are a lost cause.

Relapses hurt, and you may have had a reservation in your personal recovery. Keep coming back, if we can do it so an you.

If you or someone you know is struggling with addiction here are a number of questions that must be considered to help you get a better understanding of what you are dealing with.

1. Have you ever stolen money to pay for drugs or alcohol?
2. Have you ever overdosed or needed medical attention for the misuse of drugs/alcohol?
3. Do you think about drugs/alcohol often when you are not using?
4. Has your family or friends ever said anything to you about your use of drugs/alcohol?
5. Have you ever broken the law or had any legal issues because of your use of drugs/alcohol?
6. Have you ever previously sought treatment for drugs/alcohol abuse?

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7. Have you ever gotten into a fight while you were using drugs/alcohol?
8. Have you wanted to harm yourself with self-inflicted violence or suicide?
9. Do your friends say you’ve changed?
10. Have you ever taken drugs/alcohol to self-medicate your feelings?
11. Have drugs/alcohol use negatively affected one or more of your relationships?
12. Do you feel like you’re trying to escape?
13. Has there been a visible change in your mood with you acting out with overwhelming anger, moodiness, fear, isolation and or depression?
14. Have you ever substituted one drug for another, thinking it would solve your problems?
15. Do you feel like it is impossible to live life without the use of drugs/alcohol?
16. Does the thought of running out of drugs/alcohol terrify you?
17. Have you needed drugs/alcohol to function?

If you’ve answered yes to any, some or most of these questions you may be struggling with addiction. We encourage you to make a Millati Islami meeting.

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Millati Islami is a fellowship of men and women joined together on The Path of Peace. We share our experiences, strengths, and hopes while recovering from our active addiction.

Allah (SWA) states in His Qur'an:

"O ye who believe intoxicants and gambling. (dedication of) stones and (divination by) arrows are Evils of Satan's handiwork, avoid such Evil that ye may prosper."

"Satan's plan is but to excite enmity and hatred between you with intoxicants and gambling, and hinder you from the remembrance of Allah, and from prayer, will ye not then abstain.

Qur'an 5:90-91

Through Al-Islam and the 12 Steps of the Millati Islami program we are freed from the bondage of addiction.

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This is Millati Islami Fellowship Approved Literature
Millati Islami World Services

P.O. Box 2100
Douglasville, GA 30133
www.MillatiIslami.org

We meet on Zoom every Friday & Sunday

8PM EST

Zoom I.D: 880 0356 5307

Passcode: 172234

Recovering Clean Zoom Meeting on Sundays

10AM EST

Zoom I.D: 332 100 6616

Passcode: 546798

Sista2Sista Zoom Meeting on Sundays

2PM EST

Our website is MillatiIslami.org

Please visit to find a meeting or Zoom link.



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WHO IS ADDICTED?

